



100 % natural

# Mixed Vegetables Oriental Style

Code: 50950

## Format

6 x 2 kg

## Product description

Our vegetables are harvested at the peak of maturity. They are carefully selected, washed, blanched and quick frozen to lock in the great taste and nutrition.

## Preservation

Keep frozen at 0°F or -18°C or below. Do not refreeze if thawed. Can be kept in the refrigerator for 48 hours in a sealed container.

## Preparation

For better results cook from frozen. Take out desired amount and return any product not used immediately to freezer.

## Suggestion

Ideal in your favourite recipes or simply as a great accompaniment to any entree. Just drizzle with melted butter or sprinkle with your preferred vegetable seasoning.

## Ingredients

green beans, broccoli, snow peas, water chestnuts, mushrooms, red pepper, onion



Medium-high heat  
4 - 5 minutes

Medium-high heat  
4 - 6 minutes

High power  
3 - 4 minutes